

2002 - 2003

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Prevention Providers Section	Kay McMinn
Local Board of Health Section	To be announced

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<http://www.PublicHealthNe.org>

## ...Letter from the President...

Dear PHAN Members:

This is a wonderful time to be involved with public health in Nebraska. Much is happening across our state to promote the health of our citizens. Since we all serve our communities, we must continue to advocate for public health services to all of our local and state decision and policy makers. PHAN can be very helpful in these efforts by helping promoting your concerns of local public health on the state level, educating members of the state legislature and other policy makers about local public health issues, analyzing the impact of legislation that impacts local public health, disseminating legislative alerts and providing timely updates on key public health issues.



PHAN will provide education, information, research, and technical assistance to all local health departments and will help facilitate partnerships among local and state, agencies in order to promote and strengthen public health in Nebraska. PHAN is currently scheduling monthly workforce training programs for next year. Updates on training schedules will be posted on PHAN's website (<http://www.PublicHealthNe.org>).

The annual PHAN conference held in Grand Island this past September was a huge success. It was great to see everyone there. Faye Wong, current APHA President provided the keynote address and was very impressed with the state of public health in Nebraska and the support Local Health Departments's received from the legislature to help create a state-wide public health system. We will continue working to show our state senators they were correct to place their faith in us.

Even though it might appear that bio-terrorism preparedness is the *burning* issue, HHSS and local agency's continue to focus on core functions and provision of essential services. Much discussion is taking place nation-wide regarding what constitutes a local health department, based on population, size, resources and mission. We will continue to follow that as accreditation and certification continues to be tossed back and forth. Public health is emerging as an essential factor in the lives of everyone in our communities. It's going to only get better but we, as practitioners, must continue to be vigilant and advocate for our profession.

You are our strongest voices in Nebraska. Together, we can continue to build an effective public health system that serves everyone in our state!!

Yours in Health,  
Bruce Dart, President

# Update:

## Nebraska's New District Health Departments

Last year Nebraska senators passed LB692 which allowed \$6.7 million to be put into building Nebraska's public health infrastructure. After months of hard work nearly every county in Nebraska is covered by a local health jurisdiction. Below is contact information on the health departments that are currently in existence.

Dakota County Health Department  
Pam DeVries, Director  
Courthouse West Annex  
105 North 17<sup>th</sup>  
Dakota City, NE 68731  
Phone: (402) 987-2164

Scotts Bluff County Health Department  
Bill Wineman, Director  
1825 10<sup>th</sup> Street  
Gering, NE 69341-2445  
Phone: (308) 436-6636

Central District Health Department  
Sonja Simpson, Director  
105 East First Street  
Grand Island, NE 68801  
Phone: (308) 385-5175  
(Hall, Hamilton, and Merrick counties)

East Central District Health Department  
Becky Rayman, Executive Director  
3806 Howard Blvd  
Columbus, NE 68601  
Phone: (402) 563-9224  
(Boone, Colfax, Nance, and Platte counties)

Elkhorn Logan Valley Public Health Dept  
Kathy Nordby, Director  
1017 E Avenue  
Wisner, NE 68791  
Phone: (402) 529-2233  
(Burt, Cumming, Madison, and Stanton counties)

Four Corners Health Department  
c/o Margaret Brink  
629 East 7<sup>th</sup> Street  
York, NE 68467  
(Butler, Polk, Seward, and York counties)

Loup Basin Public Health Department  
Charles (Chuck) Cone, Director  
295 North 8<sup>th</sup>  
Burwell, NE 68823  
Phone: (308) 346-5795  
(Blaine, Custer, Garfield, Greeley, Howard, Loup, Sherman, Valley, and Wheeler counties)

North Central District Health Department  
Roger Wiese, Director  
217 North 4<sup>th</sup> Street  
O'Neill, NE 68763  
Phone: (402) 336-2406  
(Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock counties)

Northeast Nebraska Public Health Dept  
Deb Scholten, Director  
117 West 3<sup>rd</sup> Street  
Wayne, NE 68787  
Phone: (402) 375-2200  
(Cedar, Dixon, Thurston, and Wayne counties)

Panhandle Public Health Department  
c/o Joan Frances  
601 South High Street  
Kimball, NE 69145  
Phone: (308) 235-4211  
(Banner, Box Butte, Cheyenne, Dawes, Garden, Kimball, Morrill, and Sheridan)

Public Health Solutions  
Tiffany Sutter, Director  
Suite 2, 995 East Highway 33  
Crete, NE 68333  
Phone: (402) 826-3880  
(Fillmore, Gage, Jefferson, Saline, and Thayer)  
Sandhills District Health Department  
Mary Gentry, Director  
55 East River Road  
Ogallala, NE 69153  
Phone: (308) 284-6054  
(Arthur, Deuel, Grant, Hooker, Keith, Thomas)

Sarpy/Cass Dept of Health and Wellness  
c/o Mark Wayne  
Suite 1126, 1210 Goldengate Drive  
Papillion, NE 68046  
Phone: (402) 593-2347  
(Cass and Sarpy counties)

South Heartland District Health Department  
Joyce Crawford, Director  
Suite 208, 715 North Kansas  
Hastings, NE 68901  
Phone: (402) 460-5731  
(Adams, Clay, Nuckolls, and Webster counties)

Southeast District Health Department  
c/o Kay Oestmann, Director  
Nemaha County Health Department  
601 "J" Street  
Auburn, NE 68305-1121  
Phone: (402) 274-4549  
Johnson, Nemaha, Otoe, Pawnee, Richardson

Southwest Nebraska Public Health Dept  
c/o Jodi Thompson  
Box 427  
Imperial, NE 69033  
Phone: (308) 882-4629  
(Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, and Red Willow counties)

Three Rivers Public Health Department  
c/o Bill Pook  
Region 5/6 Emergency Management  
435 N. Park Ave., Suite 404  
Fremont, NE 68025  
Phone: (402) 727-2785  
(Dodge, Saunders, and Washington counties)

Two Rivers Public Health Department  
Terry Krohn, Director  
Box 2288  
Kearney, NE 68848-2288  
Phone: (308) 865-5675  
(Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney, and Phelps counties)

West Central District Health Department  
Shirleen Smith, Director  
601 West Leota St.  
North Platte, NE 69103  
Phone: 308-535-7290  
(Lincoln, Logan, and McPherson counties)

# PHAN Section News

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## Local Health Department Section

Kay Oestmann, Director, Nemaha County Health Department  
Chair, Nebraska Partnership of Local Health Departments

Hi everyone. This will be a short article this time. Everyone everywhere is extremely busy.... whoever wrote that song about the lazy days of summer must have been in a bubble !!!

Public Health is alive and well in Nebraska. A year ago, as I traveled the state spreading the gospel of LB 692, I will admit I didn't believe we would be in the position we are today. Everyone who has worked so hard to establish District Health Departments should take a minute to step back and celebrate. We have a lot of growing pains, but we must remember we have to walk before we can run. There are so many people in Nebraska with a storehouse of knowledge about public health and they are anxious to be resources.

The Public Health Association of Nebraska's annual meeting will be held September 12 and 13 in Grand Island. A morning meeting is planned on September 12 for the Local Health Directors in conjunction with this conference. The program committee has worked very hard to develop an interesting and informative two days. This meeting also provides you with an excellent opportunity for networking. If you have not yet joined PHAN do so immediately! Applications are available online at <http://www.PublicHealthNe.org>.

The Health Directors and interim Directors have been working feverishly to get their departments on track. We were fortunate to be invited to attend a National Association of Local Boards of Health (NALBOH) presentation at Lincoln-Lancaster County Health Department in May as part of the Partnership of Local Health Director's PHHS grant. NALBOH is an excellent resource, and has materials as well as a wealth of information to assist in board education. A short

videotape describing the role of the board in the core functions of public health is available to all departments. If you don't have a copy, please contact Rita or myself and we will see that you receive one. Another valuable resource is the Local Board of Health Training Manual that was developed by the Partnership with funding from the PHHS grant. You can get an electronic copy from Rita and hard copies are available through the Office of Public Health. Each member of the new boards of health should have a copy of this resource.

Conference calls have been held recently to discuss the Public Health Law proposal. There has been excellent input and recommendations of suggested changes were made to our representatives on the committee. Conference calls have been an excellent vehicle for the Health Directors to meet. With the statewide coverage of LHDs now, this is very economical and saves us valuable time. Peer support and input is essential in our growth.

Finally, I want to encourage everyone to be cognizant of the happenings in the Legislature, as they meet again this summer. We need to be ready to protect our young Public Health System. Nebraskans for Public Health is the lobbying arm of our Association. It is supported by your contributions - please consider sending a check to:

Nebraskans for Public Health  
PO Box 30942  
Lincoln, NE 68510

so we can be effective when important public health issues happen at the Capitol.

For Public Health in Nebraska,

Kay Oestmann, Chairman  
Partnership of Local Health Directors

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# Public Health Nursing Section

Julia Tracy and Julie Rother

Those involved with the PHAN Nursing section can attest to the fact that the last few months have been extremely busy, but rewarding.

Looking back ... The PHAN Nursing Section Spring Conference was held April 11<sup>th</sup> in Lincoln. While the numbers attending the conference were a bit disappointing, no one who attended the conference could say that the offerings were a disappointment. On the contrary, the entire day was filled with inspiring, informative, and note-worthy information. The conference began with a warm welcome from Pat Lopez, Section Co-Chair. Maria Prendes-Lintel, PhD, provided a compassionate, insightful presentation on "Mental Health for Victims of Torture". Abby Horak again delighted the PHAN Nursing Section with a very educational and practical look at the "Scope and Standards of Public Health Nursing". Just to share the reaction from a local perspective, several of the nurses from Lincoln Lancaster County Health Department that attended the Conference continued to share snippets of Abby's presentation with their peers back at the office over the next several days. A panel discussion provided a glimpse into Nebraska's growing diversity: "Working with Diverse Populations in Public Health". The conference closed with a moving, historical account of Public Health Nursing presented by Pippa White.

Congratulations to Melissa Pokorny! Melissa was the recipient of the 2002 Achievement of Excellence Award. Melissa has worked with the Public Health Outreach and Nursing Education (PHONE) program at Goldenrod Hills Community Services. Melissa has established a strong public health program there, through her innovative ideas, reliability, outstanding leadership qualities, and strong teaching abilities. Melissa also created a strong network of collaborative partners, including physicians, dentists, optometrists, schools, hospitals, and community organizations in the 14 county service region that comprises Goldenrod Hills.

Looking ahead... The next meeting for the PHAN Nursing Section is scheduled for Thursday, July 17<sup>th</sup>, 2002. We will meet at "Chances R" in York Nebraska, starting at 9 am. We are pleased to be able to provide a non-peer reviewed continuing education opportunity, on SIDS. Laurie Clewis, Executive Director of the Nebraska SIDS Foundation and Carol Williams, from the office of Perinatal, Child, & Adolescent Health are the featured speakers. Lunch will be offered, and the business meeting will conclude the day.

Watch for more information on the upcoming PHAN Fall Conference, September 11 and 12<sup>th</sup> in Grand Island, Ne. The Nursing Section will be presenting the Leadership Award at the Fall Conference—be thinking about who you would like to nominate for this award! The call for nominations will be coming out later this summer.

## *It's My Bag! Public Health Nursing Across Nebraska*

The PHN Section grant entitled "It's My Bag! Public Health Nursing Across Nebraska" is concluding a successful year of offering continuing education workshops to PHNs practicing in rural areas of Nebraska. Over 40 PHNs attended three half-day workshops via satellite telecast at five different locations: Beatrice, Kearney, Grand Island, Scottsbluff, and Omaha. Three contact hours were offered, and a pre and post-test and evaluation were completed at each session. A competency instrument was also administered prior to Session 1 and following Session 3 as a means of measuring content learned. Objectives covered at the continuing education workshops included the following:

1. Identify the convictions and theories underlying the practice of public health nursing.
2. Relate the principles of public health to the practice of public health nursing.
3. Identify the unique aspects of rural health: the environment, the populations, the common issues.
4. Compare and contrast two definitions of public health nursing.
5. List the three foundational competencies of public health nursing as described by Zerwekh.
6. Describe the scope of population-based public health nursing practice.
7. Identify the set of 17 interventions utilized by nurses in public health nursing practice.
8. Identify a process for assessing communities and prioritizing the needs revealed by community assessment.
9. Describe program planning and evaluation based on levels of intervention and levels of prevention.
10. Define the public health nursing process at the three practice levels.

Continued.....

During the month of June, Ellen Reichenbach RN, MSN, the grant instructor, will go on site to four different locations to meet grant participants and highlight content that was identified as needing further emphasis. The June, 2002 workshops will then officially conclude Year 1 of the grant. Planning for Year 2 is currently under way. If you are interested in participating in Year 2, or would like to learn more about the grant, please contact Carol Isaac, Grant Coordinator, at (402) 670-2460 or [Cisaac0216@aol.com](mailto:Cisaac0216@aol.com).

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# Nebraska Prevention Provider Association Section

by Kay McMinn  
President of the Nebraska Prevention Provider Association

## Prevention Glossary of Terms

1. PGT = Prevention Generalist Training - three day training that covers nine characteristics which are the basis for effective health promotion and disease prevention programs. Contact Barb Jolliffe at (308) 632-3044
2. RPC's = Regional Prevention Centers - Prevention Libraries, Technical Assistance, Community mini-grants, State Incentive grant community implementation, Community Coalition work, collaboration with Health Departments, Prevention programs and services  
  
Region I - Panhandle Substance Abuse Council - (308) 632-3044  
Region II - North Platte (308) 534-0440  
Region III - Kearney (308) 237-5113  
Region IV - Norfolk (402) 370-3113  
Region V - LCAD (402) 475-2694 (Lincoln) and Region V Systems (402) 441-4343 (rural Region V)  
Region VI - Omaha (402) 444-6573
3. NPPA = Nebraska Prevention Providers Association - promotes education, advocacy, and public policy for setting standards that will validate the field of prevention of alcohol, tobacco and other drug problems. Contact: Kay McMinn, (308) 237-5113 ext. 224
4. Asset Cadre TOT = Asset Cadre Train the Trainer - a trained facilitator from the Cadre is available in your area for school personnel to incorporate the developmental assets framework into schools. Contact: Karen Stevens, NE Department of Education, (402) 471-2448
5. NAC = Nebraska Asset Coalition - is a statewide coalition that is working to establish an asset building framework in order to assist communities who are beginning their own asset building initiatives in Nebraska. Contact: Kay McMinn, (308) 237-5113 ext. 224
6. ATOD = Alcohol, Tobacco and other Drugs
7. SICA = State Incentive Cooperative Agreement - Nine million dollar grant from the Center for Substance Abuse Prevention for increasing science based programs for Nebraska youth ages 12-17. Contact: Laurie Sutter, (402) 479-5573

# A Look at an important issue of the day

## Bioterrorism Preparedness and Response Planning

By Dr. Richard Raymond, Chief Medical Officer  
Nebraska Health and Human Services System

The Nebraska Health and Human Services System has received \$9.7 million from the Centers for Disease Control (CDC) and Health Resources and Services Administration (HRSA) for Bioterrorism Preparedness and Response planning. We were one of 24 states to receive the full amount of funding with no contingencies. Slightly over \$900,000 (HRSA Grant) will be used to plan and help prepare for 500 victims in each of four Nebraska regions. The majority of those funds will be directed to hospitals.

A little more than \$8.8 million (CDC grant) will be allocated into six focus areas, all of which must address bioterrorism. The six focus areas are:

- ▶ Planning and Assessment
- ▶ Epidemiology and Surveillance
- ▶ Laboratory Capacity
- ▶ Health Alert Network and Technology
- ▶ Communications with the media and the public at times of risk
- ▶ Education for professionals on bioterrorism

This represents a tremendous opportunity to create a strong plan for responding to public health emergencies and to build a strong public health system in Nebraska. It is our goal that these funds will create unified local and state plans to respond to a terrorism attack, infectious disease threat or other public health emergency.

An advisory committee of 54 members has met twice to approve the plan. They will meet again July 24 to approve much of the plan for disbursement of the funds. Public health is well represented on the committee by Bruce Dart and Joyce Crawford, local Health Department Directors, and many other individuals and organizations with a strong public health focus. Rita Parris sits not only on the large advisory committee, but also meets every two weeks with a smaller working committee and assisted us greatly in the grant writing process.

Now that the fast and furious pace of pulling this plan together is done, it is time to roll up our collective sleeves to work collaboratively to implement the plan and strengthen our response capacity. This will involve many people and many organizations, particularly in the new rural health districts where some relationships have just begun. Hospitals, community action agencies, health care providers, first responders, health districts and local emergency management agencies will need to form new relationships or expand and strengthen existing ones. Providers must go from the traditional turf wars and competitive history and move toward mutual support.

For too long public health funding and public health systems have been relatively ignored. Now, with the unique opportunities created by LB692 and the CDC and HRSA grants, we have the resources to build public health and reap the dividends. I know Nebraska will seize this opportunity and, to quote Dr. Laura, "do the right thing."

For more information on Bioterrorism, check out these websites:

Nebraska Health and Human Services System - <http://www.hhs.state.ne.us/aftermath/terrorismindex.htm>

Center for Disease Control and Prevention - Health Alert Network - <http://www.phppo.cdc.gov/han/>



## Health Alert Network

### What Local Health Departments can expect from CDC's Bioterrorism Funding

#### Purpose

The Health Alert Network (HAN) is a nationwide, integrated information and communications system serving as a platform for distribution of health alerts, dissemination of prevention guidelines and other information, distance learning, national disease surveillance, and electronic laboratory reporting, as well as for CDC's bioterrorism and related initiatives to strengthen preparedness at the local and state levels.

A *bioterrorist attack*, like other health threats, would be detected first at the local level. Health departments throughout the nation must be prepared to detect and respond to those threats.

- The Health Alert Network (HAN) is a nationwide program to establish the communications, information, distance-learning, and organizational infrastructure for a new level of defense against health threats, including the possibility of bioterrorism.
- The HAN will link local health departments to one another and to other organizations critical for preparedness and response: community first-responders, hospital and private laboratories, state health departments, CDC, and other federal agencies
- CDC is leading development of the HAN, in partnership with the National Association of County and City Health Officials (NACCHO), the Association of State and Territorial Health Officials (ASTHO), and other health organizations.

When complete, the Health Alert Network will ensure:

- High-speed, continuous, secure connection to the Internet, access to public health information, and front-line staff skilled in the use of electronic information and communications technology;
- Distance-learning capacity, via satellite- and Web-based technologies, for continuous upgrading of skills in preparedness for bioterrorism and other health threats;
- Early warning systems, such as broadcast fax, to alert local, state and federal authorities and the media about

urgent health threats and about the necessary prevention and response actions; and

- Enable local health officials nationwide to instantaneously access and share disease reports, response plans, and CDC diagnostic and treatment guidelines;
- Strengthen local health departments and their links to critical community health organizations, such as hospitals, laboratories, Emergency Medical Systems (EMS), and clinicians, that need to form a coordinated public health response to bioterrorism.
- Enable local, state, and federal health authorities to communicate and coordinate rapidly and securely with each other and with law enforcement agencies.

#### Preparedness Through Partnerships

CDC is partnering with local and state health agencies and national public health organizations to:

- Connect local health agencies to the Internet by funding initial purchase and installation of electronic computing and communications equipment, including equipment for satellite- and Internet-based training
- Develop and deliver training in the use of information technology in order to prepare public health workers to respond to bioterrorist threats
- Develop electronic tools to support preparedness for and response to bioterrorism and other disease threats, and rapid dissemination of health warnings
- Deploy authoritative preparedness, diagnosis, and treatment guidelines
- Develop science-based, local health department performance standards related to domestic terrorism and other essential health services

For additional information please visit [www.phppo.cdc.gov/han](http://www.phppo.cdc.gov/han)

# National News

## HHS Issues New Statistical Look at Women's Health

HHS Secretary Tommy G. Thompson has released *Women's Health USA 2002*, a new statistical report on the health status of America's women that shows the disproportionate impact that certain health conditions such as osteoporosis, asthma, diabetes and lupus have on women.

Compiled by HHS' Health Resources and Services Administration (HRSA), the new report highlights current and historical data on some of the most pressing health challenges facing women and their families. Data are provided on health and health-related indicators in three categories: population characteristics, health status and health services utilization. The report includes the most recent federal data available from HHS and the departments of Justice and Agriculture.

The report includes data showing that most U.S. women 40 years of age and older in 1998 had received a mammogram in the previous two years and a Pap smear in the previous three years. Black non-Hispanic women (83 percent) were most likely to have reported receiving a Pap smear during that three-year period.

HHS and its agencies are working to promote better health among women nationally. President Bush's fiscal year 2003 budget plan would increase funding for HHS' Office on Women's Health by \$2.1 million to \$29.1 million to coordinate women's health activities, programs and outreach throughout the federal government and through public-private partnerships. Under the plan, HHS' National Institutes of Health would spend an estimated \$4 billion on women's health research.

The publication is available online at: <http://mchb.hrsa.gov/data/women.htm>. Free hard copies are available from the HRSA Information Center (call 1-888-ASK-HRSA or visit the center's Web site at <http://www.ask.hrsa.gov>).

The budget plan also would provide a total of \$203 million to support the breast and cervical cancer screening programs run by HHS' Centers for Disease Control and Prevention. HHS also is working with states to expand Medicaid coverage to uninsured women diagnosed with cancer through the screening program.

Other highlights from the report are:

- Women's life expectancy reached a new record in 2000 -- 79.5 years. While black females had the greatest life-expectancy gain (12.3 years) between 1950 and 2000, there was still a five-year difference in life expectancy between white (80 years) and black (75 years) females.
- More U.S. women than ever before are getting prenatal care in their first trimester of pregnancy. In 2000, 83 percent received early prenatal care, up from 75 percent in 1989.
- Nearly 87 percent of women had health insurance coverage in 2000. About a quarter of women between 18 and 24 were without insurance in 2000.
- Women's enrollment in medical school increased by 66 percent from 1980-81 to 1999-2000, while dental school enrollment rose 122 percent during the same period. Women in 1999-2000 were 67 percent of public health students and 65 percent of pharmacy students.
- In 2000, 10,459 AIDS cases were diagnosed in females 13 and older; 38 percent were exposed through heterosexual contact. Almost half of U.S. women under 45 have been tested for HIV.

### Call For Exhibitors

If you would like to be an Exhibitor at the 2002 Public Health Association Annual Conference on September 12 and 13, check <http://www.PublicHealthNe.org> or [PublicHealthNe@cs.com](mailto:PublicHealthNe@cs.com)

# 2002 Calendar

July 10-13  
NACCHO / NALBOH Annual Conferences  
New Orleans, Louisiana  
[www.naccho.org](http://www.naccho.org)  
[www.nalboh.org](http://www.nalboh.org)

September 3-5  
Nebraska Rural Health Association Annual Conference  
Kearney, Nebraska  
<http://www.NebraskaRuralHealth.org>

September 10  
NE Asset Coalition  
1 - 3 pm  
Central NE Council on Alcoholism  
Grand Island, NE  
Kay McMinn - 308-237-5113 ext. 224

September 12-13  
Public Health Association of Nebraska Annual Conference  
Grand Island, Nebraska  
Debbi Barnes-Josiah - 402-471-9048

September 12 - PHAN Section Meetings  
10:00 - Noon  
Grand Island Interstate Holiday Inn  
NPPA - Kay McMinn - 308-237-5113 ext. 224  
PHN - Pat Lopez - 402-441-8057  
LHDs - Kay Oestmann - 402-274-4549

October 15 - 16  
Nebraska Minority Health Conference  
Lincoln, NE  
402-471-0152

November 7-9  
Annual Search Institute Healthy Communities/  
Healthy Youth Conference  
Minneapolis, MN

November 9-13  
APHA Annual Conference  
Philadelphia, PA  
[www.apha.org](http://www.apha.org)

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Public Health Association of Nebraska  
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